



# YOSHON QUICK REFERENCE GUIDE 5783-84



Current as of October 24, 2023

The Yoshon season is still early and much information is not yet available. The dates below are based on information obtained from the listed companies and their hashgachos. Items marked with an asterisk \* means specific info is not yet available, and dates shown are based on the following general cutoff times agreed to by all the relevant kashrus agencies: Wheat (incl. semolina & durum) and Oats: 9-1-23. Barley: 9-15-23.

## INGREDIENTS OF CONCERN

- Any type of **Grain** (Wheat, Barley, Oats)
- Grain Flour** (Wheat, Barley, Oats)
- Malt**
- Wheat Germ**

## INGREDIENTS NOT OF CONCERN

- Spelt** (in/from USA and Canada)
- Maltodextrin** (USA only; Europe may be *chodosh*)
- Rye**
- Food Starch**
- Yeast**

## PRODUCTS THAT ARE ALWAYS YOSHON

- All Israeli products with reliable *hashgachah*
- All products outside of EY with the following *hashgachos*:
  - Rabbi O.Y. Westheim of Manchester
  - Kedassia of London
  - Rabbi Schneebalg
- Soy, Teriyaki and Tamari sauces

## PRODUCTS THAT ARE YOSHON IF PURCHASED PRIOR TO THE DATES LISTED

 (If purchased after, see the next section.)

- Soft **FRESH** baked goods (bread, rolls, bagels, pizza, soft pretzels – Sept 1, 2023)
- Soft **PACKAGED** baked goods – Sept 1, 2023
- Noodles and Pasta** – Sept 1, 2023
- Barley** – Sept 15, 2023
- Oats** – Sept 1, 2023
  - GENERAL MILLS Oats Cereals – TBD, not before October
  - Other Oat Cereal Companies – TBD
- Malt** – *yoshon* until Mar 15, 2024
- Beer** – Dec 15, 2023

## FOR PRODUCTS PURCHASED AFTER THE ABOVE DATES, USE THE CODES BELOW

Date listed below or earlier is *yoshon*. If later, assume it is *chodosh*. 4-digit codes (e.g., 2323), represent the Julian date (232 is the day and 3 is the year). If the listed code is 2323 (i.e. Aug 20, 2023) then the code on the package can be 232 or lower.

### BAKED PRODUCTS

- BETTY CROCKER Mixes** – mixes are *yoshon*; pizza crusts – 8/27/24
- Cookies and Crackers**
  - BLOOM'S** Cookies – always *yoshon*
  - KEMACH**
    - Grahams & Crackers – always *yoshon*
    - Cookies – with *yoshon* label only
    - Breadsticks – TBD
    - Flat breads – TBD
    - Ice Cream Cones – with *yoshon* label only
    - Other Kemach products – with *yoshon* label only
  - LIEBER'S** Cookies and Crackers – always *yoshon*
  - PAS** – with *yoshon* label only.
  - STELLA D'ORO**
    - Breakfast treats, toast and biscotti – Feb 24, 2024\*
    - Sponge Swiss Fudge Cookies – Dec 26, 2023\*
    - 100 Calorie Packs – Apr 25, 2024\*
- DUNCAN HINES MIXES**
  - Brownies, Cookies, Muffins – Mar 1, 2025
  - All other mixes – Sept 1, 2024
- Matza** (including **Matza Meal**) – always *yoshon*

### 5. Pretzels (Hard)/Snacks

- HADDAR** – with *yoshon* label only
- HERR'S** – Nov 27, 2023\*
- LANDAU'S** – Sept 1, 2024\* | w/ oats – Mar 1, 2024\*
- LIEBER'S** – always *yoshon* (except malt)
- NEW YORK PRETZEL** – Sept 1, 2024
- UTZ Honey Wheat** – Dec 24, 2024\*
- PRINGLES** (some contain wheat) – code L3232\*
- WISE**

.75 oz. &amp; 1.75 oz – Jan 21, 2024\*

3.25 oz. – Dec 17, 2023\*

8.75 oz. – Nov 26, 2023\*

- GOLDEN FLUFF** – always *yoshon*
- KITOV** – Sept 1, 2024\*
- SNACK FACTORY** – Sept 1, 2024\*
- BLOOM'S** – *yoshon* (malt may be *chodosh*)

### 6. Pretzels (Soft) – Sept 1, 2023\*

### 7. Waffles & Pancakes

- EGGO Waffles and Pancakes:**

With oats – Dec 2, 2024\*

Just wheat – Dec 1, 2024\*

- EGGO Thick & Fluffy French Toast/Pancake Bites** (single serve packets) – Sept 1, 2024\*

- KEMACH Pancake Mix** – always *yoshon*

- PEARL MILLING CO** – formerly Aunt Jemima

Dry Mixes with malt: (Dry mixes without malt always *yoshon*)

Pancakes – Oct 17, 2024\*

Waffles – Jan 20, 2024\*

Frozen:

Pancakes – Jun 2, 2024\*

Waffles – Jan 16, 2024\*

### BAKING SPRAY WITH FLOUR

 (If they don't have flour, there is no concern)

- BAKER'S JOY** and **CRISCO** – always *yoshon*
- MISHPACHA** – always *yoshon*
- PAM** – Aug 20, 2025
- GLICKS** – *yoshon* until November

### BARLEY

QUAKER – Sept 15, 2024

### BEER

ALL BEER MAY BE PURCHASED AND ASSUMED YOSHON AT LEAST UNTIL 12/15/23

### BREAD AND CORN FLAKE CRUMBS

- GEFEN** – always *yoshon*
- JASON** – always *yoshon*
- KELLOGG'S** – Dec 15, 2025\*
- KINERET (Made in Israel)** – always *yoshon*
- LIEBER'S** – *yoshon* if purchased before 10/15/23
- MISHPACHA** – TBD
- KIKKOMAN PANKO** – Mar 3, 2025\*
- B'GAN** – with *yoshon* label only

### CEREALS, CEREAL BARS, GRANOLA BARS, OATMEAL

Check ingredients. Use earliest date. (e.g., if GENERAL MILLS cereal contains barley, use date Sept 15, 2023\*. For oats, use Sept 1, 2023\*).

### 1. BARBARA

- Oats – Sept 1, 2024\*
- Wheat – Sept 1, 2024\*
- Original – Apr 25, 2024\*

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**2. CASCADIAN FARMS**

- Granolas – May 1, 2024
- Other cold cereals – Sept 5, 2024

**3. CREAM OF WHEAT** – Sept 1, 2024\***4. GENERAL MILLS**

- Oats – use code 07DEC2024
- Wheat – always *yoshon*
- Barley – Sept 15, 2024\*

**5. KASHI**

- Oats – *yoshon* until October at least\*
- Wheat – always *yoshon*

**6. KELLOGG'S** (if made in Europe always *yoshon*)

- Oats – Sept 1, 2024\*
- Wheat – Sept 1, 2024\*
- Barley – Sept 15, 2024\*
- Malt – Dec 15, 2024\*

**7. KEMACH**

- Whole Wheat Flakes, Coco Munchies, Cinnamon Bites – always *yoshon*
- All Other – TBD

**8. MALT-O-MEAL**

Each cereal has a different amount of time from packing to expiration. Use the list below to calculate how long before expiration date the cereal was produced to determine *yoshon* status.

- if contains only oats – Sept 1, 2023\* packing date
- if contains only wheat – Sept 1, 2023\* packing date
- if contains only barley – Sept 15, 2023\* packing date
- 9 mos from packing – Berry Colossal Crunch
- 10 mos from packing – Blueberry Muffin Tops, Honey Graham Squares, Coco Roos, Honey Nut Scooters
- 12 mos from packing – Apple Zings, Tootie Fruities, Honey & Oat Blenders, Honey Buzzers, Cocoa Dyno Bites, Corn Flakes, Frosted Mini Spooners, Raisin Bran, Golden Puffs, Frosted Flakes, Corn Bursts Crispy Rice
- 15 mos from packing – Hot Wheat Malt-O-Meal-Chocolate, Maple & Brown Sugar, Coco Wheat
- 18 mos from packing – Quick Rolled Oats
- 24 mos from packing – Hot Wheat Malt-O-Meal-Original, Farina

**9. NATURE VALLEY** – Sept 3, 2024 (except if produced in S America)**10. POST**

- Oats – Nov 1, 2024
- Wheat – *yoshon*
- Barley – Sept 15, 2023\*
- Malt – Dec 15, 2024\*

**11. QUAKER (USA)** [In EY and EU with KF *hechsher* are always *yoshon*]

- Chewy Granola Bars, Chewy 90 Cal Low Fat Granola Bars, Granola Bites 90 Cal – June 4, 24
- Chewy Granola Bars 25% Less Sugar, Oatmeal to Go Bars, Soft Baked Bars, Real Medleys Hot Cereals, Breakfast Cookies – Apr 5, 2024
- Cocoa Bumpers, Graham Bumpers, Peanut Butter Bumpers, Toasted Oat Bran, High Fiber Instant Oatmeal Packets, Cap'n Crunch, Corn Bran Crunch, King Vitaman, Natural Granola, Oatmeal Squares, Oh!s, Puffed Wheat, Quisp – July 4, 24
- Life – Instant Oatmeal Packets (Original, Apples & Cinnamon, Fruit & Cream, Maple & Brown Sugar, Raisin, Date, & Walnut, Raisins & Spice, Chocolate Chip, All Lower Sugar) – Oct 2, 2024
- Oats (Rolled, Instant, Old Fashioned) – March 30, 2025

**12. SHOPRITE**Hot Cereal:

- Oat Cereal & Oatmeal – info not available
- Wheat – info not available

Cold Cereal: info not available**13. STOP & SHOP/GIANT**

- Cereal
  - With oats – Sept 1, 2024\*
  - With wheat – Sept 1, 2024\*
- Oatmeal – Sept 1, 2024\*

**14. WALMART**

- Quick Oats – Feb 29, 2025\*
- Bran Flakes – Sept 1, 2024\*

**CHOW MEIN NOODLES**

- EDEN** – with *yoshon* label only
- KEMACH** – with *yoshon* label only
- STREIT'S** – always *yoshon* unless labeled *chodosh*
- LIEBER'S** – currently *yoshon*
- MISHPACHA** – TBD
- LA CHOY** – info not available

**EGG ROLL/WONTON WRAPPERS**

- GEFEN Egg Roll and Won Ton Wrappers** – *yoshon*
- GOLDEN BOWL**
  - Won Ton Wraps – code 012309\*
  - Spring Roll Wrappers – Sept 1, 2024\*
- DEPENDABLE** – always *yoshon*
- NASOYA Egg Roll and Won Ton Wrappers** – Oct 5, 2023
- WON TON FOOD CO.** – code 90123\* (any letters are irrelevant)
- B'GAN** – with *yoshon* label only

**FLOUR****1. All Purpose Flour**

- **DEPENDABLE** – with *yoshon* stamp only
- **GIANT/STOP & SHOP** – Aug 20, 2024
- **GLICKS** – with *yoshon* label only
- **GOLD MEDAL (KC)** winter wheat (if *machmir* for *bitul*) – 8-19-24; also has malt.
- **GOLD MEDAL** (other mills) winter wheat (if *machmir* for *bitul*) – 8-9-24; also has malt.
- **HECKERS** – always *yoshon* (if contains malt – Dec 15, 2023)
- **KEMACH** – with *yoshon* label only
- **KING ARTHUR** – 5lb bags Aug 31, 2024, 50lb bags Aug 31, 2023
- **MISHPACHA** – always *yoshon*
- **PILLSBURY** – Aug 20, 2024
- **SHOPRITE** – Aug 20, 2024
- **TARGET/MARKET PANTRY Flour** – Aug 20, 2024

**2. Whole Wheat Flour**

- **DEPENDABLE** – with *yoshon* stamp only
- **GOLD MEDAL KC** – Aug 19, 2024
- **GOLD MEDAL** (other mills) – Aug 9, 2024
- **HECKERS** – always *yoshon* (if contains malt – Dec 15, 2022)
- **KEMACH** – with *yoshon* label only
- **KING ARTHUR** – 5lb bags Aug 27, 2024, 50lb bags Aug 27, 2023
- **MISHPACHA** – always *yoshon*
- **PILLSBURY** – Aug 15, 2024
- **TARGET/MARKET PANTRY** – Aug 20, 2024





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**3. Bread Flour (High-Gluten Flour)**

- **DEPENDABLE** – with *yoshon* stamp only
- **GLICKS** – with *yoshon* label only
- **GOLD MEDAL KC** winter wheat (if *machmir* for *bitul*) – 8-19-24; also has malt.
- **GOLD MEDAL** (other mills) winter wheat (if *machmir* for *bitul*) – 8-9-24; also has malt.
- **KEMACH** – with *yoshon* label only
- **KING ARTHUR** – 5lb bags Aug 31, 2024, 50lb bags Aug 31, 2023
- **MISHPACHA** – always *yoshon*
- **PILLSBURY** – Aug 20, 2024
- **TRADER JOE'S** – Aug 20, 2024
- **HECKERS** – always *yoshon*

**FROZEN/MISC.**

1. **ALLE/MEAL MART Frozen Products** – TBD
2. **APOLLO Fillo Dough** – Sept 1, 2024\* or 2434\*
3. **DR. PRAEGER'S**
  - Oats – TBD
  - Wheat – TBD
4. **FRENCH'S French Fried Onions**: Sept 1, 2025\*
5. **GOLDEN**
  - Blintzes – Sept 1, 2025\*
  - Potato pancakes – TBD
6. **MCCAIN Fries** (that contain flour, e.g. spicy fries): no *yoshon* info
7. **PEARL MILLING CO** (formerly **AUNT JEMIMA**)
  - Pancakes – Jun 2, 2024\*
  - Waffles – Sept 1, 2025\*
8. **SHINDLER'S Products** – always *yoshon*
9. **TOFUTTI Cuties** – Code 2433\*
10. **TRADER JOE'S Potato Pancakes** – TBD
11. **UNGAR'S Fish** – always *yoshon*

**KISHKE**

1. **A&B** – always *yoshon*
2. **BENZ'S** – always *yoshon*
3. **MEAL MART** – always *yoshon*
4. **UNGER'S** – always *yoshon*

**LICORICE/CANDY**

1. **DARRELL LEA** – Sept 1, 2024\*
2. **TWIZZLER'S** (H&S Candy/Hershey) – always *yoshon*
3. **JORAY FRUIT ROLLUPS** – TBD
4. **JOLLY RANCHERS** – always *yoshon*

**NOODLES/PASTA**

1. **BARILLA**
  - ProteinPLUS Pasta – Aug 6, 2024\*
  - Whole Grain – Feb 27, 2025\*
  - Lasagna – Apr 27, 2025\*
  - Other pastas and orzo – Apr 27, 2026\*
2. **CALIFORNIA DELIGHT** – always *yoshon*
3. **EDEN** – with *yoshon* label
4. **ESSENTIAL EVERYDAY** – Aug 31, 2025
5. **GEFEN Ramen Noodles** – Not *yoshon*
6. **GIANT/STOP & SHOP** – Aug 27, 2026\*
7. **GOODMAN'S**
  - Pasta – Aug 27, 2026\*
  - Egg noodles – Aug 27, 2026\*
8. **HODGSON MILLS Couscous** – TBD

**9. KEMACH**

- Egg noodles – 1-30-25\*
- Other pasta products – always *yoshon*

**10. MANISCHEWITZ** – Aug 27, 2025\* or 2344\***11. MISHPACHA** – always *yoshon* (except chow mein)**12. MOTHER'S** – code 2395\***13. MUELLER & SAN GIORGIO**

- Egg noodles – Aug 27, 2026\*
- Pasta – Aug 27, 2026\*

**14. NEAR EAST Couscous** – TBD | with barley only – TBD**15. NO YOLKS** – Sept 1, 2024**16. RALPH'S** – Sept 1, 2025**17. SHOPRITE Bowl & Basket**: Sept 1, 2026**18. STREIT'S** – always *yoshon* (except chow mein)**19. WALMART** – info not available. (Call company with code on package. If produced before Sept 1, 2023\* it is *yoshon*.)**PIE CRUSTS/PASTRY DOUGH**

1. **APOLLO Fillo Dough** – Sept 1, 2024
2. **GEFEN Pie Crusts** – TBD
3. **GLICKS Graham Cracker Pie Crusts** – *yoshon* until Feb 2024
4. **KEEBLER Pie Crusts** – TBD
5. **KEMACH**
  - Chocolate Pie Crust – always *yoshon*
  - Graham Pie Crust – TBD
6. **MECHEL'S** – All *yoshon*
7. **MISHPACHA Pie Crust** – always *yoshon*
8. **MOTHER'S Graham Cracker Pie Crust** – TBD
9. **PEPPERIDGE FARM** – info not available. (Call company with code on package. If produced before Sept 1, 2023\* it is *yoshon*.)
10. **UNGAR'S Pastry Dough** – always *yoshon*

**SOUP/SOUP MIXES**

1. **GEFEN Noodle Soup Cup** – not *yoshon*
2. **KEDEM** – TBD
3. **KEMACH**
  - Onion, split pea – with *yoshon* label only
  - Vegetable – with *yoshon* label only
  - Minestrone – with *yoshon* label only
4. **LIEBER'S** – always *yoshon*
5. **MANISCHEWITZ**
  - Barley – Sept 1, 2023\* or 2433\*
  - Noodle/Pasta – Aug 27, 2023\* or 2394\*
6. **MISHPACHA Matzo Ball Mix** – always *yoshon*
7. **OSEM** – all Israeli products are *yoshon*
8. **SHOPRITE**
  - Soup mixes – TBD
  - Canned (except tomato) – TBD
  - Canned Tomato Soup – TBD
9. **STREIT'S** – always *yoshon*
10. **TRADITION** – always *yoshon*

**VINEGAR**

1. **Regular Vinegar** has no *chodosh* concern.
2. **Malt, Tarragon, or Salad Vinegar** (purchased after Dec 15, 2023)  
**HEINZ**
  - Malt vinegar Jun 15, 2026\*
  - Tarragon and Salad Dec 15, 2026\*